

TOO FIT[®]

- NATURALLY AWESOME -

PRE

WE ONLY DO NATURAL.
WE ONLY DO AWESOME.

What's not in the PRE is just as important as what's in it. It's our mission to always craft the cleanest supplements.

- X** NO SUGAR
- X** NO FILLERS
- X** NO ARTIFICIAL SWEETENERS
- X** NO PRESERVATIVES
- X** NO MAGNESIUM STEARATE
- X** NO ACESULFAME-K
- X** NO ARTIFICIAL COLORS
- X** NO ARTIFICIAL FLAVORS
- X** NO BANNED SUBSTANCES

Supplement Facts

Serving Size 1 Packet (20 g)
Servings per container: 10

	Amount per serving	% Daily Value*
Calories	15	
Total Carbohydrate	3 g	1%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	100 mg	5000%
Pantothenic Acid (as D-Calcium Pantothenate)	5mg	100%
Magnesium	200 mg	50%
Branched Chain Amino Acids (Inst Aminos [™])	5 g	†
L-Leucine (2.5 g) †, L-Isoleucine (1.25 g) †, L-Valine (1.25 g) †		
Magnesium Creatine Chelate (Creatine MagnaPower [®])	2.5 g	†
Setria [®] Performance Blend (Patent Pending)	2.2 g	†
L-Citrulline (Kyowa Quality [®]) * (2 g) †, L-Glutathione (Setria [®]) (200mg) †		
Mushroom Complex (Peak O2 [™])	2 g	†
Cordyceps militaris (Cordyceps) †, Reishi (Ganoderma lucidum) †, Pleurotus eryngii (King Trumpet) †, Shiitake (Lentinula edodes) †, Hericium erinaceus (Lion's Mane) †, Trametes versicolor (Turkey Tail) †		
Beta-Alanine (CarnoSyn [®])	1.6 g	†
L-Carnitine L-Tartrate (Carnipure [®])	1 g	†
Organic Beet Root Extract (Beta vulgaris L.)	500 mg	†
Ashwagandha Root Extract (KSM-66) (5% withanolides, 15 mg)	300 mg	†
Organic Rhodiola rosea Root Extract (Rhodiola) (3% salidroside, 9mg)	300 mg	†
Citicoline (ICDP-Choline) (Cognizin [®])	250 mg	†
Aloe Vera Gel Powder	100 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Percent Daily Value not established.

Other Ingredients: Natural Flavors, Malic Acid, Silica, Stevia, Monk Fruit Extract, TICorganic[®] Organic Agave Inulin.

Only the Finest Ingredients

TOO FIT®

— NATURALLY AWESOME —

PRE INGREDIENTS



BCAA's

Branched Chain Amino Acids (BCAAs) refers to three amino acids with similar structures that beneficially influence the muscles: leucine, isoleucine, and valine.

Enhances stamina during explosive exercises* | Improves the use of fat for energy* | Glycogen sparing effect allows for longer, more intense training sessions. | Vegan, fermented*



Creatine MagnaPower®

Creatine requires magnesium for maximum conversion to Adenosine triphosphate (ATP). The bound magnesium is also alkaline, decreasing the damaging acidic environment of the stomach and keeping the creatine molecule from becoming anabolically inert, which enhanced bioavailability and your body's ability to product energy.

Facilitates vital oxygen delivery to working muscle tissue* | Enhances strength, energy, and endurance levels* | Enhances muscle strength and mass* | No bloating or water retention*



Setria Performance Blend®

Kyowa's Setria® Performance Blend is a unique combination of Setria® Glutathione and L-Citrulline. L-Citrulline is an amino acid that increases levels of nitric oxide (NO), a vasodilator. However, the extent of vasodilation is limited by the short half life of NO, which is broken down by oxidation soon after it is formed. Setria® Glutathione is a master antioxidant that, when combined with L-Citrulline, helps protect against the rapid oxidative destruction of NO. Therefore, prolonging its effect and benefits.

Helps support and sustain nitric oxide (NO) production post-workout.* | Sustains NO levels which may lead to reduced fatigue. | * Aids in vasodilation to help fuel muscles*



Peak O2™ Mushroom Complex

PeakO₂™ is an organic-certified combination of six Ayurvedic mushroom strains grown and harvested right here in the U.S. These mushrooms are powerful adaptogens, which allow athletes to "adapt" to and overcome physical and mental stress, giving you the extra edge you want to take your training to the next level.

Contains high levels of beta glucans and L-Ergothioneine, a "master" antioxidant that fights damage from oxidative stress in the body, helping you train longer and recover faster. | Extends time to exhaustion* | Improves Vo₂max and oxygen utilization* USDA Organic, Non-GMO



Carnosyn® Beta-Alanine

Carnosyn® beta-alanine delivers a bio-friendly form of beta-alanine, a naturally occurring beta amino acid essential for the synthesis of muscle carnosine. Muscle carnosine acts as a buffering agent to combat the buildup of lactic acid, delaying the onset of muscle fatigue and failure.

Helps build healthy muscles and strength* | Increases muscles buffering capacity of hydrogen ions (lactic acid build up)* Improves endurance*



Carnipure® L-Carnitine L-Tartrate

L-Carnitine is involved in energy metabolism and mitochondrial protection. In the case of sustained energy, Carnipure® L-Carnitine assists in converting fatty acids into ATP (adenosine triphosphate), which can provide a more long lasting source of energy. In a recovery role, Carnipure® L-Carnitine helps to protect the endothelial cells from an L-Carnitine deficiency (thereby positively influencing the markers of purine catabolism), reduce tissue damage and muscle soreness and facilitate the overall process of recovery.

Helps increase blood flow* | Reduces markers of metabolic stress* | Decreases soreness and speeds recovery time*



Organic Beet Root

Sourced from Organic Beets, beetroot contains numerous vitamins, minerals, and dietary nitrites that contribute to overall health. The nitrites in beetroot widen blood vessels, increasing nitric oxide, which leads to an increase in oxygenation, blood flow, and improved performance.

Boosts nitric oxide production* | Decreases blood pressure while increasing blood flow* | Improves energy and performance*



KSM-66® Ashwagandha

Ashwagandha is one of the most powerful adaptogens in the world. Adaptogens are a combination of amino acids, vitamins, and herbs that modulate your response to stress or a changing environment. KSM-66® Ashwagandha is the highest concentration full-spectrum root extract available and has the most extensive set of research studies and clinical trials. It's purity and benefits are unmatched.

Helps boost stamina* | Helps increase muscle strength, size, and tone* | Helps enhance the rate of muscle recovery* | Helps promote mental clarity, concentration, and alertness* | USDA Organic, Non-GMO, Gluten-Free



Organic Rhodiola

Rhodiola is an adaptogenic herb that promotes physical and cognitive vitality. Adaptogens are a combination of amino acids, vitamins, and herbs that modulate your response to stress or a changing environment.

Reduces fatigue and exhaustion during stressful situations (workouts). | Helps strengthen the nervous system. | Increases work capacity. | Improves energy levels



Cognizin® Citicoline

Cognizin® is a branded form of Citicoline, a substance found in every cell of the body and especially vital to brain health. Citicoline is nature's way of keeping the brain's energy-producing centers firing.* It is often called a "brain nutrient" because it increases levels of several important neurotransmitters, including acetylcholine, an important brain chemical that regulates cognitive function. supplies your brain with the energy it needs to stay sharp.*

Supplies your brain with the energy it needs to stay sharp.* | Promotes focus and attention* | Supports overall cognitive health*



Aloe Vera Gel Powder

Aloe Vera Powder aids in cleansing the digestive and circulatory systems of the body, which allows for greater nutrient absorption within our cells. It's rich in many of the B-vitamins, as well as folic acid, niacin, and vitamins A, C, and E.

Improves the bioavailability and absorption of ingredients* | Improves blood circulation*